

## CURRICULUM VITAE

### Meng Zhao, PhD, RN

6300 Ocean Dr., IH Rm 350A

Corpus Christi, TX 78412

Cell:919-619-5874

Work: 361-825-3279

Meng.Zhao@tamucc.edu

### Education: Highest degree and most recent

<u>Degree</u>	<u>Dates</u>	<u>Major</u>	<u>Institution and Location</u>
doctoral.	12/2011	Nursing	University of North Carolina at Chapel Hill (UNC)
bachelors	7/1996	Nursing	Shandong University, China

### Dissertation

*The role of culture on health beliefs and screening mammography practice among Chinese-born immigrant women in the United States: An ethnographic approach*

Committee: Noreen Esposito (Advisor); Deborah K. Mayor; Suzanne Thoyre; SeonAe Yeo; William S. Lachicotte

### Professional Certification/Licensure

Registered Nurse (RN).

Texas December 2011-present (No. 811337)

North Carolina. June 2006-June, 2010 (No. 209469)

California. January 2006-February 2012 (No. 671870)

Guangdong, China. July 1996-July, 2006.

### Employment

#### Academic Employment- Reverse chronology

<u>Dates</u>	<u>Title</u>	<u>Institution or Business</u>
Most current first		
09/01/2012-present	Assistant Professor	Texas A&M University at Corpus Christi, College of Nursing& Health Sciences
08/01/2011-08/30/2012	Assistant Professor	University of Texas Health Science Center at Houston School of Nursing
08/01/2005-08/30/2008	Teaching/Research Assistant	University of North Carolina at Chapel Hill School of Nursing
09/01/1997-07/31/2004	Lecturer/Assistant Lecturer	Sun Yat-Sen University School of Nursing. Guangdong, China

#### Clinical Employment

<u>Dates</u>	<u>Rank or Title</u>	<u>Institution or Business</u>
Most recent		
08/1996-07/1997	Staff Nurse	Sun Yat-Sen University, The First Affiliated Hospital, China
08/1997-07/2004 (2-3 months/year)	Staff Nurse	Sun Yat-Sen University, The First Affiliated Hospital, China

### TEACHING

#### **A. Teaching at Texas A&M University, Corpus Christi, TX, Assistant Professor, (2012-present)**

##### Graduate Courses

Nurs5315	Diverse Health Care Environments
Nurs5310	Science in Nursing.
Nurs 5314	Research Methods in Advanced Nursing Practice
Nurs 5352	Nursing Curriculum Planning, Development and Evaluation

##### Undergraduate Courses

Nurs4318	Nurses as Research Consumer
Nurs4318	Nurses as Research Consumer (RN-BSN)
Nurs3342	Use of Pharmacology Principles

#### **B. Teaching at University of Texas Health Science Center, Houston, TX, Clinical Assistant Professor (2011-2012)**

##### Undergraduate Courses

Pathophysiology  
Reproductive Health Care

#### **C. Teaching at University of North Carolina, Chapel Hill, NC, Teaching Assistant (2004-2010).**

##### Undergraduate Courses

Pathophysiology  
Pharmacology across the Life Span  
Discipline of Nursing, Part II  
Discipline of Nursing, part III  
Family centered genomic health care

**D. Teaching at Sun Yat-Sen University, Guangdong, China, Lecturer/Assistant Lecturer (1996-2004).**

Undergraduate Courses

Geriatric Nursing  
Medical & Surgical Nursing  
Health Assessment  
Community Health Nursing

SCHOLARSHIP/CREATIVE ACHIEVEMENTS

**Refereed Publications**

**Zhao, M.** & Conard, P. (2016). Content Validity of Cultural Health and Screening Mammography Belief Scale among Asian American Women. *Journal of Nursing Measurement*. 24(3), 356-364.

**Zhao, M.** & Conard, P. (2015). Understanding health beliefs and practices in the cultural context: Chinese-born immigrant women in the United States. *International Journal of Nursing Didactics*, 5(1), 31-38.

**Zhao, M.** & Ji, Y. C. (2014). Challenges of Introducing Participant Observation to Community Health Research. *ISRN Nursing*. DOI: 10.1155/2014/802490.

**Zhao, M.**, Esposito, N., & Wang, K. F. (2010). Cultural beliefs and attitudes towards health and health Care among Asian-born women in the United States. *Journal of Obstetric, Gynecologic, & Neonatal Nursing*, 39 (4): 370-385.

**Zhao, M.** & Zhang, J.(2001). The study of the incidence and relation factors of geriatric depression. *Chinese Primary Health Care*, 15(10), 54-55.

**Zhao, M.**, Zhang, J. & Li, Y.J. (2001). Happiness of the community seniors and its related factors-Reports from 182 participants. *New Chinese Medicine*, 12, 753-60.

**Zhao, M.**, Zhang, J., & You, Z.Y. (1999). The predictors for the incidence rate of depression among pregnant women. *Chinese Journal of Maternal and Child Health Care*, 7, 429-30.

Zhang, J., You, L.M. & **Zhao, M.** (2000). The problems and suggestions to the clinic nursing education for undergraduate students. *Heilongjiang Nursing Journal*, 6(11), 34.

Zhang, J., Chen, Q. & **Zhao, M.** (1999). The important role that community nursing plays in improving diabetic patient's quality of life. *Chinese Primary Health Care*, 7, 11.

Zhang, J., Xin, D. G., Lin, Y. & **Zhao, M.** (2001). Studies of the related factor of postnatal depression. *Chinese Journal of Behavioral Medical Science*, 10(1), 56-57

## Presentations at Professional Meetings

- Content Validity of Cultural Health and Screening Mammography Belief Scale among Asian American Women. 2014 State of the Science Congress on Nursing Research, September, 2014, Oral presentation. PI: Meng Zhao, PhD, RN.
- Cultural Beliefs and Attitudes toward Health and Health Care among Chinese-Born Immigrant Women: An Ethnographic Approach. 39<sup>th</sup> Transcultural Nursing Society Conference, Oct 2013, Poster presentation” PI: Meng Zhao, PhD, RN
- Learning Team Techniques through a Team Research Project in Undergraduate Research Education. 40th Annual National Conference on Professional Nurse Education and Development, Oct 2013, Poster presentation. PI: Meng Zhao, PhD, RN
- Understanding Cultural Beliefs about health, health promotion, and breast cancer prevention among Chinese-born Immigrant Women. 2012 State of the Science Congress on Nursing Research, September, 2012, Oral presentation title. PI: Meng Zhao, PhD, RN
- Seeking Knowledge and Information regarding Health: Pattern and Priority among Chinese Immigrant Women in the United States. 2012 State of the Science Congress on Nursing Research, September, 2012, Poster presentation. Co-PI: Meng Zhao, PhD, RN
- Understanding Cultural Beliefs about health, health promotion, and breast cancer prevention among Chinese-born Immigrant Women. Midwest Qualitative Research Conference-June, 2012, Oral presentation. PI: Meng Zhao, PhD, RN

## Honors and Awards- Most recent first

- 2014 AAPINA Summer newsletter featured researcher
- 2013 TAMUCC Biennial Report featured researcher
- 2012 TAMUCC Research Start-up Fund
- 2008 National Coalition of Ethnic Minority Nurse Association Mentee Award for Mentor-Mentee Training Program. Awarded by the U.S. National Coalition of Ethnic Minority Nurse Association to train selected minority nursing graduate students for research and teaching in nursing.
- 2006 Mary P. Speight Scholarship. Awarded by the University of North Carolina School of Nursing to selected exceptional nursing students.

## Fellowships

- 2004 Graduate School Merit Scholarship. Awarded by the University of North Carolina at Chapel Hill Graduate School to exceptional first-year Ph.D. students.
- 1991-1996 Xu Youhua Fellowship. Awarded by Shandong University to the most exceptional undergraduate nursing student (one student per year) to acknowledge the undergraduate study achievements.

## Grants

- Texas Comprehensive Research Fund (Role, PI) . \$20,000. September 2016-August 2017. Awarded by the Texas A&M University at Corpus Christi.  
“Integrating Smart Phone Application to Facilitate the Asian American Women’s Screening Mammography Utilization”
- Texas Research Development Fund PSIP Grants for Research Development. \$2,500. September 2013- June 2014. Awarded by the Texas A&M University at Corpus Christi.
- Research Enhancement Grant (Role, PI). \$5,000. January 2013-August 2013. Awarded by the Texas A&M University at Corpus Christi.  
“Cultural health and screening mammography belief scale: The development and pre-testing among Asian-American women”
- Center for Faculty Excellence Travel Grant. \$1,000. Oct 2013. Awarded by the Texas A&M University at Corpus Christi.
- Dean’s Research Award (Role, PI). \$10,000. April 2012-August 2012. Awarded by the University of Texas Health Science Center at Houston  
“The scale development of a culturally sensitive instrument for Asian American women’s screening mammography practice”
- Sigma Theta Tau International Honor Society of Nursing Small Grant (Role: PI). \$500. October 2008. Awarded by the University of North Carolina Alpha Alpha Chapter of the Sigma Theta Tau International Honor Society of Nursing to assist selected Ph.D. students for research  
“The role of culture on health beliefs and screening mammography practice among Chinese-born immigrant women in the United States: An ethnographic approach”

- Sun Yat-Sen University School of Nursing Research Fund, Guangzhou, China (Role: PI), October 2000-October 2001.  
“The Role of Psychosocial Factors on Elder’s Physical and Mental Health”
- Guangdong Provincial Government Department of Science and Technology Research Fund Guangzhou, China (Role: Co-PI), October 2000-October 2002.  
“Relationships between Psychosocial Variables and Pregnancy Outcomes”

#### **Scholarly Works in Progress-**

- Understanding Health Beliefs and Practices in the Cultural Context: Chinese-Born Immigrant Women in the United States (Paper in Preparation)
- Barriers to the use of Screening Mammography among Asian American Women (Paper in Preparation)

#### **Other Research and Creative Achievements**

- Developed the HESI Exam blueprint for the undergraduate students in Nurs4318
- Developed the critique templates and rubrics in Nurs4318
- Developed the quizzes and the exams in Nurs4318
- Re-designed the learning modules in Nurs4318
- Developed the templates for the “middle range paper assignment” in Nurs5310
- Co-developed the “movie assignment” in Nurs5310
- Developed peer evaluation templates in Nurs 5352
- Ways of Helping Project at the UNC School of Nursing. Chapel Hill, NC. July 2008-December 2008. Conducted qualitative data collection, management, and analysis as research assistant
- Parent/Child Partner Weight Control Project at UNC School of Nursing. Chapel Hill, NC. August 2007-May 2008. Conducted on-site physical data (height, weight, BMI ) and survey data collection and Developed the protocol for Actical (a portable physical activity monitor) activation and using as research assistant
- SandBar Project at UNC School of Nursing. Chapel Hill, NC. May 2006-May 2007. Conducted data collection and management using Microsoft Excel and Access for meta-analysis as research assistant
- Biobehavioral Lab (BBL) at UNC School of Nursing. Chapel Hill, NC. August 2005-May 2006. Conducted lab webpage and calendar updating and Assisted UNC School of Nursing researchers with recording and computer-based observational data analysis as research assistant
- Center for Innovations in Health Disparity Research (CHIDAR) at UNC School of Nursing. Chapel Hill, NC. May 2005-December 2005. Conducted research data

management and analysis using SAS for CHIDAR researchers

## PROFESSIONAL SERVICE

### **Service to the Academy**

#### Activities

#### Dates of Service

#### **College**

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li>• Research Enhancement Committee, CONHS</li> <li>• Graduate Department, CONHS</li> <li>• Chinese Collaboration liaison, CONHS</li> <li>• Faculty Search Committee</li> <li>• Exposition Committee</li> </ul> | <p>09/01/2014-present</p> <p>09/01/2012-present</p> <p>09/01/2012-present</p> <p>09/01/2015-present</p> <p>04/01/2017-present</p> |
|---|---|

#### **University**

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>• IRB Committee</li> <li>• Research Enhancement Committee</li> <li>• Inclusive Excellence Committee</li> <li>• Academic Integrity Hearing Panel</li> </ul> | <p>09/01/2014-present</p> <p>09/01/2016-present<br/>09/01/2013-8/31/2016</p> <p>09/01/2014-8/31/2016</p> |
|---|--|

#### Activities

### **Service to the Profession**

#### Activities

#### Dates of Service

- |  |  |
|--|--|
| <ul style="list-style-type: none"> <li>• Global Journal of Health Science. (journal reviewer)</li> <li>• British Journal of Education, Society &amp; Behavioural Science (journal reviewer)</li> <li>• Journal of Nursing Measurement (journal reviewer)</li> <li>• Southern Nursing Research Society (abstract reviewer)</li> </ul> | <p>09/01/2013-present</p> <p>07/01/2014-present</p> <p>08/01/2016-present</p> <p>9/16/2015-present</p> |
|--|--|

- Sigma Theta Tau International Honor Society of Nursing 09/01/2008-present
- American Nurse Association & Texas Nurse Association 09/01/2013-present
- Asian American Pacific Islander Nurses Association (Ad hoc Communications Committee) 09/01/2005-present
- National League of Nursing (Coordinator) 2011-2012

### **Service to the Community**

#### Activities

#### Dates of Service

- Leadership Committee for Senior Services-Corpus Christi 03/28/2017-present

### OTHER

### **Significant Professional Development Activities**

- Nursing Jurisprudence and Ethics Workshop: January, 2017
- Challenges in IRB Review of Social, Behavioral, and Educational Research Workshop, March 2016
- Test Writing Workshop, Feb, 2015: workshop at Del Mar College west campus
- Faculty Research Development Program at TAMUCC: Starting from Oct 2014
- Research Intensive Workshop: Nuts and Bolts of Designing, conducting, Analyzing and Funding Intervention Studies, 2013: several workshops were presented at the Ohio State University on different research topics and grant writing skills
- New Faculty Orientation Workshop, 2012-2013: several workshops were presented at TAMUCC to orient new faculty members