

Adrienne Milligan Platt, PhD, RN, CPNP

Assistant Professor of Nursing /Nurse Researcher / APRN

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ACADEMIC AND PROFESSIONAL BACKGROUND

Education:

<u>Date</u>	<u>Institution</u>	<u>Degree</u>
2014	University of Kansas, Kansas City, Kansas	PhD in Nursing Minor in Public Health
2012	University of Kansas, Kansas City, Kansas	NIH Grant Writing (3 cr)
2007	Arizona State University, Phoenix, Arizona	Post Masters Certificate Evidence- Based Practice
1999	University of Rochester, Rochester New York	MSN/ Pediatric Nurse Practitioner
1984	University of Southern Maine, Portland, Maine	BSN

Supplemental Education:

2013	One-week intensive class “Mediators and Moderators” at the University of Kansas, Lawrence, Kansas. Intensive work with expert faculty (one to one) on the use of SPSS in research.
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HONORS:

2014	Recipient of the Dr. Valmi Delfino De Sousa Award of Excellence in Nursing Research.
2014	Recipient of the Sigma Theta Tau International Honor Society of Nursing Doctor of Philosophy in Nursing Award (Delta Chapter).
2012	Recipient of the Dean Cowles Scholarship.
2011	Recipient of American Academy of Nurse Practitioners Foundation Scholarship.
2010	Recipient of Award for best podium presentation at the 11 th Annual Evidence-Based Practice Conference.

- 2010 Phi Kappa Phi National Honor Society.
- 2009 Recipient of an Ina Calkins Scholarship.
- 2008 Recipient of the Dee Lyons Scholarship for Nursing Excellence.
- 2006 Recipient of the Dee Lyons Grant awarded for Clinical Excellence in Nursing.
- 1999 Inducted into Sigma Theta Tau International (Honor Society of Nursing).

Professional Experience:

- 2018-present **Assistant Professor: Texas A & M Corpus Christi School of Nursing**
Full-time tenure tract faculty.
- 2002-2018 **Pediatric Nurse Practitioner (CPNP), Children’s Mercy Hospital and Clinics; Division of Pediatric Endocrinology.**
CPNP working in collaboration with a Pediatric Endocrinologist in a large pediatric teaching facility caring for children with obesity, insulin resistance, metabolic syndrome, growth disorders and thyroid disorders. Certified in telemedicine to improve patient outreach capabilities. Developed the Insulin Resistance Syndrome Clinic. Primary investigator on two research studies related to insulin resistance, depression, and associated childhood obesity. Endocrine representative for High Risk Obesity Clinic. Expert presenter/lecturer on endocrine topics/research.
- 2018-present **Adjunct Faculty: University of Missouri Kansas City, Kansas City, Missouri.** Teaching graduate nursing students on an as needed basis.
- 2015 **Adjunct Faculty: University of Kansas School of Nursing**
Co-Taught/Mentorship taught “Social Context of Healthcare Policy”; Spring semester.
- 2008-present **Adjunct Faculty: University of Missouri, Columbia, Missouri**
Clinical Faculty for the Pediatric Nurse Practitioner Program.
- 2006-2010 **Nurse Consultant:** EMD Serono. Provided expert advice to improve patient, family, and provider utilization of therapy and device.
- 2004-2006 **Expert Speaker: Pfizer (Speakers Bureau):** Medical research presentations to community healthcare providers related to short stature and treatment with growth hormone for children born small for gestational age.

- 2003-2006 **Adjunct Clinical Faculty: University of Missouri at Kansas City**
Clinical instructor for student practicum at Children's Mercy Hospital.
- 2002 **Adjunct Faculty, Pediatric Nurse Practitioner Program**
Clinical preceptor/ Faculty Primary Care Simmons College/UNE
Portland, Maine.
- 2000-2002 **CPNP/Primary Care: Pediatric Associates of Lewiston P.A.,**
Primary care pediatric nurse practitioner in a large primary care office.
Instituted and coordinated the second Reach Out and Read site in the State of
Maine. A member of the Maine State Raising Readers Committee. Organized
and President of the Maine State Chapter of the National Association of
Pediatric Nurse Practitioners (NAPNAP).
- 1999-2000 **Pediatric Nurse Practitioner/Research Assistant: Children's Hospital
of Pittsburgh, Pittsburgh, Pennsylvania**
- Research Assistant** for Dr. Bernadette Melnyk (P.I.) and Dr. Linda Alpert
Gillis "Coping with critically ill children in the pediatric intensive care unit.
The COPE Intervention Study with mothers and young children" (Funded by
the National Institute of Nursing Research # R01NR04174).
- Nursing Education:** Developed a developmental care program for neonatal
intensive care unit(NICU) nurses related to care of the high-risk newborn.
- Staff Nurse**, per diem, NICU.
- 1994-1998 **Staff nurse (24hrs) Neonatal ICU/ Graduate Student University of
Rochester, New York. Children's Hospital at Strong, Rochester, New
York.** Member of the unit Professional Practice Committee, developed a
staffing incentives program without a budget.
- [Published; Vetter, E, Felice, L. D., & Ingersoll, G. L. (2001). Self-scheduling
and staff incentives: Meeting patient care needs in a neonatal intensive care
unit. *Critical Care Nurse*, 21(4), 52-59].
- 1992-1994 **Staff Nurse (Float Pool): All Children's Hospital, St. Petersburg, Florida.**
Experience in Pediatric ICU, Neonatal ICU, Bone Marrow Transplant Unit, and
general pediatrics. Radiology Nurse, responsible for sedating and monitoring
children during procedures. Infectious Disease office nurse until full-time
nurse was hired. Regular hours covering for the hospital lactation consultant.
(Teaching breastfeeding, use of pumps, etc.).
- 1990-1991 **Staff Nurse; Saginaw General Hospital, Saginaw, Michigan.** Cardiac ICU
(adults).
- 1990-1991 **Staff nurse; Nurse Corps INC. (Temporary Staffing). Utica, Michigan.**
Critical Care Float (adult), Cardiac ICU, Neuro ICU, and Telemetry

1985-1990 **Staff Nurse/Assistant Dept. Director; Osteopathic Hospital of Maine, Portland, Maine.** 14 bed Cardiac/ Surgical ICU (adult).

1984-1985 **Staff Nurse; Rumford Community Hospital, Rumford, Maine.** Medical/Surgical floor (adult).

RESEARCH:

Primary Investigator: (PI responsibilities include maintenance of Institutional Review Board (IRB) yearly educational /refresher courses and ensuring the research team also maintain educational credits. Writing/designing the research protocol and grant applications, obtaining IRB approval for study. Overall responsibility for study team activities, assuring safety of subjects, Following research protocol as approved, child and parent recruitment, physical exams, verification of data collection and accuracy of statistical computations, and completing reports to all involved entities).

2013-2014 Insulin Resistance, Depression, and the Progression to Type-2 Diabetes in Obese Youth (Dissertation). **Funded by the Division of Endocrinology at The Children's Mercy Hospitals and Clinics.**

2007-2010 Health-Related Quality of Life, Depression, and the Impact on Successful Incorporation of Lifestyle Changes in Insulin Resistant Adolescents as Evidenced by Changes in BMI, Waist Circumference, and Metabolic Parameters. **Funded by a Dee Lyons Grant for Clinical Excellence and the Division of Endocrinology at The Children's Mercy Hospitals and Clinics.**

Co-investigator: (Co-Investigator responsibilities include maintenance of Institutional Review Board (IRB) yearly educational /refresher courses, review of safety of research protocols, verification of data collection, child and parent recruitment, physical exams, and completing reports as needed).

8/2012 Colesevelam Oral Suspension as Monotherapy or Add-on to Metformin Therapy in Pediatric Subjects with Type-2 Diabetes Mellitus; WEL-A-U307.

10/2014 Nutritional Intervention Prevention Study (Pilot Trial); (Protocol TN-06).

09/2009-Closed Liraglutide: A Randomized, Double-blind, Placebo Controlled Trial to Assess Safety/Tolerability, Pharmacokinetics & Pharmacodynamics of Liraglutide in Pediatric (10 – 17 years old) and Adult Subjects with Type 2 Diabetes (Protocol version 2), Multi-Center Trial.

2007 (Active) The ANSWER Program® American Norditropin® Studies: Web Enabled Active Research. An Observational Study (Registry) Assessing Treatment Outcomes and Safety for Children and Adults Who Are Prescribed Norditropin (Human Growth Hormone) Study ID: HGH-2149 (multi-center).

Closed	Pfizer International Growth Study (KIGS®).
07/2007-10/2012	A Four-Year Open-Label Multi-Center Randomized Two-Arm Study of Genotropin in Idiopathic Short Stature Patients: Comparing an Individualized, Target-Driven Treatment Regimen to Standard Dosing of Genotropin.
Closed	Recombinant Human Growth Hormone (rhGH) and Recombinant Human Insulin Like Growth Factor-1 (rhIGF-1) Combination Therapy in Children with Short Stature Associated with IGF-1 Deficiency: A Six-Year, Randomized, Multi-Center, Open-Label, Parallel-Group, Treatment Controlled, Dose Selection Trial.
Active	TODAY Study Group Genetics Protocol.
02/2006	A Phase III, Multi-Centre, Randomized, Parallel Group Study of Safety And Efficacy of the LB03002, A New Sustained Release Formulation of Human Recombinant Growth Hormone, As Compared to Standard Daily Therapy with Genotropin® In Treatment Naïve Children with Growth Failure Due to Insufficient Secretion of Endogenous Growth Hormone.
02/2006-Closed	Nutritional Intervention to Prevent Diabetes – NIP Type 1 Diabetes Pilot Trial.
11/2005-Active	Effect of Early Growth Hormone Treatment on Long-term Growth and Active Skeletal Maturation in Girls with Turner Syndrome – Multi-center trial.
08/2004-Closed	External Continuous Subcutaneous Infusion of Drug Vs Drug: An Open Label, Randomized, Parallel Group, Multicenter Study in Children and Adolescents with Type 1 Diabetes.
05/2003-Closed	Genetics & Neuro-endocrinology of Short Stature International Study.
05/2003-Closed	Drug in Children with Growth Failure Associated with IGF Deficiency: A 12 month Open-Label, Randomized Parallel Group Study.
05/2003-09/2003	An Open-Label, Randomized Parallel-Group Study of the Safety and Efficacy of Drug in Adults with Growth Hormone Deficiency.
07/2003-05/2004	A Multi-center, Open-Label Extension Study to above study- (An Open-Label, Randomized Parallel-Group Study of the Safety and Efficacy of Drug in Adults with Growth Hormone Deficiency).

- 05/2003-05/2004 Concentration Control Trial of Drug in Children with Growth Hormone Deficiency: A two Year, Open-Label, Randomized, Multi-center Trial.)
Natural History Study of the Development of Type 1 Diabetes (Protocol TN-01).
- 09/2004 Recombinant Human Insulin-Like Growth Factor-1 (rhIGF-1) Treatment of Pre-Pubertal Children with Growth Failure Associated with Primary IGF-1 Deficiency: A Phase 3 Randomized, Open-Label, Observation-Controlled, Multicenter, Parallel-Dose Comparison Trial
- 01/2001-Active GeNeSIS – The Genetics and Neuroendocrinology of Short Stature International Study; Inclusive of the following Sub- Studies: Genetic Analysis (Child), Genetic Analysis (Child Relative), Genetic Analysis (Adult Relative).
- 1999-2000 **Research Assistant for Dr. Bernadette Melnyk (P.I.) and Dr. Linda Alpert-Gillis** “Coping with critically ill children in the pediatric intensive care unit: “The COPE Intervention Study with mothers and young children” (Funded by the National Institute of Nursing Research # R01NR04174).

PUBLICATIONS:

- 2015 Platt, A. M., Insulin resistance, metabolic syndrome, and polycystic ovary syndrome in youth (2015). *National Association of School Nurses*, 30, 207-213.
- 2014 Platt, A. M. (2014). Insulin resistance, depression, and the progression to type-2 diabetes in youth (Doctoral dissertation). Proquest LLC (UMI 622878).
- 2013 Platt, A. M., Egan, A., Berquist, M. J., Dreyer, M., Babar, G., & Ugrasbul, F. (2013). Health-related quality of life, depression, and metabolic parameters in overweight insulin-resistant adolescents. *The Journal of Pediatric Health Care*, 27, 120-126.

PRESENTATIONS/LECTURES:

Date	Presentation	Location
05/2015	Insulin Resistance, Depression, and Progression to Type-2 Diabetes in Obese Youth.	Student Research Forum University of Kansas Medical Center, Kansas City, Kansas.
11/2014	Endocrine Topics	On-line lecture for the University of Missouri-Kansas City graduate students.

11/2013-04/2014	Insulin Resistance, Depression, and the Progression to Type-2 Diabetes in Youth. Dissertation defense 11/1/2013 and final defense 04/04/2014.	University of Kansas School of Nursing, Kansas City, Kansas.
11/2013	Metabolic Syndrome and Polycystic Ovary Syndrome in Adolescents.	Pediatric Obesity Conference Children's Mercy Hospital Kansas City, Missouri.
10/2011	Recent Trends in Childhood Obesity.	8 th Annual Great Plains Pediatric Endocrine Society Meeting, Overland Park, Kansas.
06/2010	Depression and Health-Related Quality of Life (HRQOL) & the Impact on Successful Incorporation of Lifestyle Changes in Overweight Insulin Resistant Adolescents (Symposium).	11 th Annual Evidence-Based Practice (EBP) Conference Arizona State University Phoenix, AZ.
10/2009	Depression and Health-Related Quality of Life (HRQOL) in Overweight Insulin Resistant Adolescents (Poster).	The Obesity Society Washington, D. C.
02/2009	Depression and Health-Related Quality of Life (HRQOL) and the Impact in Overweight Insulin Resistant Adolescents (Presentation).	10 th Annual Evidence-Based Practice (EBP) Conference Arizona State University Phoenix, AZ.
02/2008	Depression and Quality of Life Incorporating Lifestyle Changes in Overweight Insulin Resistant Adolescents (Presentation).	9 th Annual Evidence-Based Practice (EBP) Conference Arizona State University Phoenix, AZ.
12/2007	Depression and Health-Related Quality of Life & the Impact on Successful Incorporation of Lifestyle Changes in Overweight Insulin Resistant Adolescents (Presentation).	Children's Mercy Hospital, Kansas City, Missouri.
10/2007	Metabolic Syndrome and Type-2 Diabetes in Children (Presentation).	Children's Mercy Hospitals and Clinics. Nursing Pharmacology Conference. St. Joseph Hospital, Kansas City, Missouri.
10/2007 & 11/2007	Metabolic Syndrome in Obese Children; Impaired Glucose Tolerance and Type II Diabetes. Prevention and Challenges in Treatment (Presentations).	Pediatric Nurses Society Meeting, Kansas City, Missouri. Children's Mercy Hospital, Kansas City, Missouri.

08/2007	Health-Related Quality of Life, Depression, and Impact on Successful Incorporation of Lifestyle Changes in Insulin Resistant Adolescents as Evidenced by Changes in BMI, Waist Circumference, and Metabolic Parameters (Presentation).	Post Masters Certificate Presentation. Arizona State University, Phoenix, AZ.
07/2007	Evidence-Based Practice in Nursing	Emergency Department Children's Mercy Hospital Kansas City, Missouri.
06/2007 & 07/2007	Health-Related Quality of Life, Depression, and Impact on Successful Incorporation of Lifestyle Changes in Insulin Resistant Adolescents (Presentations).	Division of Endocrinology Children's Mercy Hospital, Kansas City, Missouri. Division of Endocrinology Children's Mercy South Hospital Overland Park, Kansas
07/2005	Evidence Based Clinical Practice Guideline for Overweight Children (Poster).	Sigma Theta Tau International Nursing Research Congress Waikoloa, Hawaii.
12/2004, 05/2006, & 11/2006.	"Management of Short Stature in Children Born Small for Gestational Age".	Speakers Bureau/ Pfizer Endocrine Division Pediatric Providers, St. Joseph, Missouri. National Association of Pediatric Nurse Practitioners Meeting, Kansas City, Missouri, Pediatric Providers Kansas City, Missouri.
04/2004	Assessing for Endocrine Problems Effecting Failure to Thrive.	Children's Mercy Hospital, Kansas City, Missouri.
08/2002	"Managing Asthma; Clinical Update"	Speakers Bureau GlaxoSmithKline Respiratory Division Portland, Maine.

INTERDISCIPLINARY SERVICES AND COMMITTEES:

- 2010-2018 Ongoing development of High Risk Obesity Clinic working with a multidisciplinary team to best serve the population of high risk obese youth at Children's Mercy Hospitals and Clinics and the Kansas City Area.
- 2006-2010 Developed Insulin Resistance Syndrome Clinic in collaboration with two physicians and nutrition services.
- 2004-2009 Member of the Hospital Research Development Committee.
- 1998 Developed staffing incentives program without a budget.
- Published; Vetter, E, Felice, L. D., & Ingersoll, G. L. (2001). Self-scheduling and staff incentives: Meeting patient care needs in a neonatal intensive care unit. *Critical Care Nurse, 21(4)*, 52-59].

PROFESSIONAL AFFILIATIONS/ORGANIZATIONS:

- 2014-present The Endocrine Society
- 2009-2015 The Obesity Society
- 2009-present American Academy of Nurse Practitioners
- 2005-present Pediatric Endocrinology Nurses Society
- 2003-present Mother and Child Health Coalition of Greater Kansas City
- 1999-present National Association of Pediatric Nurse Practitioners (NAPNAP)
- 2003-present Greater Kansas City Chapter of NAPNAP; President 2006-2008
- 2001-2002 Maine State Chapter of NAPNAP; Created the chapter; Chapter President.
- 1999-present Sigma Theta Tau International, Delta chapter

LICENSURE/CERTIFICATION:

- Texas Temporary RN # 211250
- Missouri RN & APRN #2002028643
- Kansas RN #14-90550-102; APRN # 45421

Maine CPNP #AP081650

Certified Pediatric Nurse Practitioner by the Pediatric Nurses Certification Board # 19990615