

CURRICULUM VITAE

Carmen Hernandez

Island Hall 333

(361) 825-5614

Carmen.hernandez@tamucc.edu

Education

<u>Degree</u>	<u>Dates</u>	<u>Major</u>	<u>Institution and Location</u>
Masters	2002	MSN	TAMUCC
Bachelors	1999	BSN	TAMUCC
Associate	1997	ASN	Del Mar College TAMUCC

Completed 6
PHD
Counseling
of Education
Courses

Professional Certification/Licensure

RN-1998

LPCI- 2008-2010 (expired)

Employment

<u>Dates</u>	<u>Title</u>	<u>Institution or Business</u>
Aug 2002- present	Assistant Clinical Professor	TAMUCC CONHS
Sept 1998- Aug 2002	Teaching Assistant	Del Mar College

Clinical Employment

<u>Dates</u>	<u>Rank or Title</u>	<u>Institution or Business</u>
Jan 2000- 2009	Staff Nurse	<u>Christus Spohn Memorial-Behavioral Units (PRN)</u>
Jan 1998- Dec 2000	Staff Nurse	Bayview Behavioral Hospital (Saratoga)

Other Scholarly Teaching, Mentoring and Curricular Achievements

2002- Fall 2015

Therapeutic Communication-Didactic

2010- Present

Psychiatric Nursing-Didactic

2002-Present

Psychiatric Nursing-Clinical

4 Semesters	Community Nursing-Clinical
4 Semesters	Health Assessment- Clinical
4 Semesters	Dimension Course-Stress Management
4 Semesters	Dimension Course-Spanish for Health Care Workers
HLSC 3 semesters	Alternative and Complementary Therapy

SCHOLARSHIP/CREATIVE ACHIEVEMENTS

Refereed Publications or Other Creative Achievements

Sutherland, J., Cook, L., Stetina, P., Hernandez, C., (2009). *Women in Substance Abuse Recovery Measures of Resilience and Self-Differentiation*, Western Journal of Nursing Research. DOI: 10.1177/0193945909337815

Non-Refereed Publications or Other Creative Achievements-Most recent first Example:

Haga, A. M., & Hernandez, C (2017). Harm Reduction with syringe Exchange Programs: A Review of Literature.
Developed a stress management guided imagery exercise.

Presentations at Professional Meetings- Most recent first

Supporting Pediatric adjustment and Resilience through Counseling (SPARC)
Topic: Psychopharmacology Medication-Straight Talk on Medication for Health Care Professionals

Domestic Abuse
Health Assessment Class Spring/Summer/Fall 2007-Spring 2017

Domestic Abuse
Pediatric Nursing 2012-2014

Stress Management and You with a Native American twist-- Create Your Own Music and Inner Peace

1. Employee Development Day Summer 2011, 2012, 2013, 2015, 2016

Stress Management and you with a Native American twist—

1. Upon request to Sr. nursing students before their exit comprehensive exam (on average 2-3 times per semester since 2012-present)
2. Christus Spohn Administration Retreat
Managing Stress through Visualization, The Native American Way- April 2011

Christus Spohn Administration Retreat
Stress management-October 2011

CEDAR Conference
Pedagogy and Counseling--November 2008

Work force
Discussion on Nursing to ~ 150-175 local high school students 2008

Healthy Life Style Choices
CCISD Latchkey Personnel May 2007

TAMU-CC: Cultural Competency
Therapeutic Communication Combined Classes--2003-2010

Honors and Awards

Church Woman of the Year for Cathedral Catholic Church--Spring 2016

Most Influential Professor Spring 2012; Outstanding Professor Fall 2014

Honors and Awards-Employee of the Month- December 1999-Bayview Behavioral Hospital

Scholarly Works in Progress

Decreasing Infection in Substance Abuse. Proposal: Poster Presentation at Research and Scholarly Works exposition Spring 2017.

PROFESSIONAL SERVICE

**Service Activities for the Component, College, University- Most recent first
Delete if none**

<u>College Activities</u>	<u>Dates of Service</u>
Admission, Progression & Graduation	<u>2002-Present</u>
Undergraduate Committee	<u>2002-Present</u>
Course Coordinator Committee	<u>2013-Present</u>
Mentor to Re-admitted Nursing Students	<u>2012-Present-as</u>
CNE	<u>assigned</u>
Sequencing Committee	<u>2002-2014</u>
two semesters	

University Activities

I-ADAPT
Health Booth-Hispanic Month

Dates of Service

2010-Present
2012-2014

Service to the Profession

Activities

Translated consent for L. Sefcik PhD
Back translated four documents
for dissertation-Prof. K Acker
Hispanic Nurses Association
Psychiatric Nurses Association
STT
TNA
ANA
Chi Sigma Iota

Dates of Service

Summer 2016
Summer 2016

2005-Present
2009-Present
2005-Present
2013-Present
2013-Present
2008-2010

Service to the Community

Activities

Volunteer-La Mariposa
Member NAMI
Cantor at Sacred Heart Church
Cantor at St. Joseph's Church
Eucharist Minister at Sacred Heart Church
Eucharist Minister at Christus Spohn Memorial

Dates of Service

2016
2015-Present
2010-Present
2005-2010
2013-Present
Jan 2014-Present

OTHER

Significant Professional Development Activities

Increase Competence in Digital Measures
Increase Competence in Sherpath