

## CURRICULUM VITAE

**Theresa J. Garcia, PhD, RN**

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### **Education**

Doctor of Philosophy	2007-2013	Nursing	The University of Texas at Austin, Austin, Texas
Bachelor of Science	1980-1984	Nursing	The University of Texas at Austin, Austin, Texas

### ***Dissertation***

“Person-Centered Chronic Illness Management in the Nursing Home”

August 2013

Chair: Sharon A. Brown, PhD, RN, FAAN

### **Professional Certification/Licensure**

Registered Nurse	1985-2018	State of Texas
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### **Employment**

#### ***Academic Appointments***

09/ 2013 - Present	Assistant Professor, Tenure-track	Texas A&M University-Corpus Christi – College of Nursing and Health Sciences, Corpus Christi, Texas
01/2012 – 05/2012	Graduate Teaching Assistant	The University of Texas at Austin, Austin, Texas

#### ***Legal Nurse Consultant***

02/ 2011 – 09/ 2013	Senior Legal Nurse Consultant	Bowman and Brooke LLP, Austin, Texas
07/1998 – 02/2011	Senior Legal Nurse Consultant	Clark, Thomas & Winters, P.C., Austin, Texas
01/1996 – 07/1998	Legal Nurse Consultant; Owner	Med-Link Consulting, Austin, Texas

#### ***Clinical and Administrative***

11/1992 – 07/1998	Pediatric Primary Care Nurse	The Austin Diagnostic Clinic, Austin, Texas
12/1991 – 01/1994	Pediatric Intensive Care Nurse	Interim Healthcare, Austin, Texas

10/1989 – 11/1991	Pediatric Intensive Care Nurse	Brackenridge Children's Hospital of Austin, Austin, Texas
01/1988 – 10/1989	Quality Assurance/Risk Management Coordinator	Northeast Community Hospital, Bedford, Texas
03/1987 – 03/1988	Medical Auditor	Medical Cost Consultants, Inc., Clear Lake, Texas
02/1985 – 03/1987	Pediatric Intensive Care Nurse	Children's Medical Center of Dallas, Dallas, Texas

### **Teaching**

#### **Courses Taught at Texas A&M University-Corpus Christi**

##### ***Graduate***

HCAD-5330	Master's: Health Law and Ethics (Fully online; developed course)
NURS-5314	Master's: Research Methods in Advanced Nursing Practice (Fully online)
NURS-5469	Master's: Patterns of Care Delivery (Fully online)
NURS-6300	Doctoral: Leadership in Health Policy (Fully online; developed course)
NURS-6211	Doctoral: Introduction to the Scholarly Project (Fully online; developed course)

##### ***Undergraduate***

NURS-4318	Nurse as Research Consumer (Face-to-face Lecture, Fully online, and Blended formats)
NURS-4660	Nursing Care of the Community Health Client (Face-to-face Lecture)

##### ***Guest Lectures***

NURS-4660	Nursing Care of the Community	"Nurses in Political Activism"
NURS-4318	Nurse as Research Consumer	"Qualitative Data Analysis and Trustworthiness;" "Qualitative Research Designs and Approaches"

### **Student Advisement**

#### ***Selected Master's Capstone/Thesis Projects***

Andrea Gilson	"Cutaneous Sensation in Obese Youth"	2017	Role: Master's Thesis Advisory Committee member
Poonam Mankar	"Effect of Baby Bouncers on Walking Onset of Children"	2017	Role: Faculty Advisor

Laura Davidson	“Interdisciplinary Bedside Rounding with the Hospitalist and Nurses”	2017	Role: Clinical Lab Advisor
David Espinoza	“Improving Patients’ Perception of the Pain Management in a Hospital”	2017	Role: Clinical Lab Advisor
Sonya Hernandez	“Family Advisory Council”	2017	Role: Clinical Lab Advisor
Cassie Lyell	“Tracheostomy Related Pressure Injuries”	2017	Role: Clinical Lab Advisor
Krystal Perez Franco	“Optimizing Care Quality Through the Use of Guardrails® Infusion Pump Software”	2016	Role: Clinical Lab Advisor
Joshua Toole	“Telemetry Alarm Fatigue and Response Time Reduction Program”	2016	Role: Clinical Lab Advisor
Leticia Sisneroz	“Float Friendly Environment”	2016	Role: Clinical Lab Advisor
Kayla Skala	“Nursing Professional Portfolio Development”	2016	Role: Clinical Lab Advisor
Veronica Haywood	“Implementing Skin-to-Skin Contact Using the Iowa Model”	2015	Role: Clinical Lab Advisor
Nicole Grams	“Attaining Magnet Designation to Improve Hospice Care”	2015	Role: Clinical Lab Advisor
Wendie DeLaRosa	“Quality Assurance for Palliative Care”	2015	Role: Clinical Lab Advisor
Patricia G. Correa	“Health Risk Assessment Tam: Medicare/Medicaid Dual Demonstration SharePoint Tracking	2015	Role: Clinical Lab Advisor
Sarah Bassett	“Patient Navigator”	2014	Role: Clinical Lab Advisor
Judy Foster	“Increasing Health and Safety for Young Adults with Intellectual Disabilities”	2014	Role: Clinical Lab Advisor
Sondra Nicholson	“Joint Recovery Program – A Time for Change”	2014	Role: Clinical Lab Advisor
Jennifer Nickel	“Walking the Financial Line in an Inpatient Rehabilitation Hospital”	2014	Role: Clinical Lab Advisor
<b><i>Undergraduate Honors Projects</i></b>			
Andrea Multer	“Project of Excellence: Effects of Government Food Programs on Childhood Overweight and Obesity”	2016	Role: Mentor/Advisor

Andrea Multer	“Effect of Government-Subsidized Food on Childhood Overweight and Obesity: A Systematic Review of the Literature”	2015	Role: Mentor/Advisor
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### **Scholarship**

#### **Refereed Publications**

Brown, S.A., Becker, B.J., García, A.A., Brown, A., Conn, V.S., Ramirez, G., Winter, M.A., **Garcia, T.J.**, & Cuevas, H.E. (2016). Biobehavioral determinants of glycemic control in type 2 diabetes: A systematic review and meta-analysis. *Patient Education and Counseling*, 99, 1558-1567. doi:10.1016/j.pec.2016.03.020

**Garcia, T. J.**, Harrison, T. C., & Goodwin, J. S. (2015). Nursing home stakeholder views of resident involvement in medical care decisions. *Qualitative Health Research*, 26(5), 712-728. doi: 10.1177/1049732315573206

Sumlin, L. L., **Garcia, T. J.**, Brown, S. A., Winter, M. A., Garcia, A. A., Brown, A., Martine, E. E., & Cuevas, H. E. (2014). Depression and adherence to lifestyle changes in type 2 diabetes: A systematic review. *The Diabetes Educator*, 40(6), 731-44. doi: 10.1177/0145721714538925

Brown, S. A., Martin, E. E., **Garcia, T. J.**, Winter, M. A., García, A. A., Brown, A., Cuevas, H. E., & Sumlin, L. L. (2013). Managing complex research datasets using electronic tools: A meta-analysis exemplar. *CIN: Computers, Informatics, Nursing*, 31(6), 257-265. doi:10.1097/NXN.0b013e318295e69c

**Garcia, T. J.** & Brown, S. A. (2011). Diabetes management in the nursing home: A systematic review of the literature. *The Diabetes Educator*. 37(2), 167-187. doi:10.1177/0145721710395330.

#### **Reviewer for Refereed Publications**

2015-2017 Manuscript reviewer, *Qualitative Health Research*

2016-2017 Manuscript reviewer, *Journal of Transcultural Nursing*

#### **Presentations at Professional Meetings**

##### **Refereed Research Podium Presentations**

2016 Baldwin, S. A., & **Garcia, T. J.** American Public Health Association (APHA) 2016 Annual Meeting and Expo. “Using a Social Ecologic Framework to Examine Grandparent Influence on Childhood Health Behaviors.” November 2.

2016 **Garcia, T.J.**, Baldwin, S.A., De La Rosa, D., Vela, N., Cazares, B., DeLaGarza, M. & McIntyre, J. 3<sup>rd</sup> Annual Cultural Inclusion Institute 2016, San Antonio, TX, “Grandparent Influence on Childhood Health Behaviors –

The Healthy Us Grandparent Study (HUGS).” April 22. (Presented by T.J. Garcia and S.A. Baldwin).

- 2014 **Garcia, T.J.**, & Joiner-Rogers, G. Texas Clinical Nurse Specialists 2014 Conference, Austin, TX, “Involvement of Older-aged Adults in Chronic Illness Decisions: A Metasynthesis.” January 24. (Presented by T.J. Garcia and G. Joiner-Rogers).

***Refereed Research Poster Presentations***

- 2016 Amidon, B., Bauer, C., Alaniz, E., & **Garcia, T. J.** 13<sup>th</sup> Annual Pathways Research Symposium 2016, Texas A&M-Prairie View, Prairie View, TX, “The Effect of High Fidelity Simulations on Knowledge and Self-confidence in Nurse Practitioner Students: A Systematic Review.” November 7
- 2016 Cazares, B., & **Garcia, T. J.** 13<sup>th</sup> Annual Pathways Research Symposium 2016, Texas A&M-Prairie View, Prairie View, TX, “Preventing Heel Pressure Ulcers in the Geriatric Orthopedic Population.” November 7
- 2016 Chapa, M., & **Garcia, T. J.** 13<sup>th</sup> Annual Pathways Research Symposium 2016, Texas A&M-Prairie View, Prairie View, TX, “Prevention of Hospital-Acquired Pressure Ulcers.” November 7
- 2016 Pendergast, R., & **Garcia, T. J.** 13<sup>th</sup> Annual Pathways Research Symposium 2016, Texas A&M-Prairie View, Prairie View, TX, “New Graduate Nurses in ED/Critical Care Departments: An Integrative Systematic Review of the Literature.” November 7
- 2016 Cazares, B., Baldwin, S.A., **Garcia, T.J.**, De La Rosa, D., Vela, N., DeLaGarza, M., & McIntyre, J. 3<sup>rd</sup> Annual Cultural Inclusion Institute 2016, San Antonio, TX, “Novel Focus on Grandparents as Change-Agents in Latino Family Health Behaviors. The Healthy Us Grandparent Study (HUGS).” April 21
- 2016 Brown, S.A., García, A.A., Brown, A., Becker, B.J., Conn, V.S., Ramírez, G., Winter, M.A., Sumlin, L.L., **Garcia, T.J.**, & Cuevas, H.E. St. David’s Center for Health Promotion/Disease Prevention in Underserved Populations and Center for Trans-Disciplinary Collaborative Research in Self-Management Science Annual Research Conference, The University of Texas at Austin School of Nursing, Austin TX, “Meta-Analysis of Biobehavioral Determinants of Health Outcomes in Type 2 Diabetes: Emergent Findings.” March 30.
- 2015 Multer, A., & **Garcia, T.J.** Texas A&M University System 12<sup>th</sup> Annual Pathways Student Research Symposium, Corpus Christi, TX, “Effect of Government-Subsidized Food on Childhood Overweight and Obesity: A Systematic Review of the Literature.” October 22.

- 2013 **Garcia, T.J.**, & Joiner-Rogers, G. National Gerontological Nurses Association 2013 Annual Convention, Clearwater, FL, "Involvement of Chronically Ill Older-aged Adults in Health Care Decisions." October 3
- 2013 **Garcia, T.J.**, & Joiner-Rogers, G. St. David's Center for Health Promotion & Disease. Prevention Research in Underserved Populations, Austin, Texas, "Chronic Illness Decision-Making in Older Adults: A Metasynthesis." March 27
- 2012 **Garcia, T.J.**, & Harrison, T.C. St. David's Center for Health Promotion & Disease. Prevention Research in Underserved Populations, Austin, Texas, "Nursing home residents with type 2 diabetes: What do they want?" March 28
- 2012 Sumlin, L.S., **Garcia, T.J.**, Brown, S.A., Garcia, A.A., Brown, A., Winter, M.A., Martin, E.E., Cuevas, H. St. David's Center for Health Promotion & Disease. Prevention Research in Underserved Populations, Austin, Texas, "The influence of depression on adherence to lifestyle changes in type 2 diabetes: A systematic review." March 28
- 2012 Sumlin, L.S., **Garcia, T.J.**, Brown, S.A., Garcia, A.A., Brown, A., Winter, M.A., Martin, E.E., Cuevas, H. 26<sup>th</sup> Annual Southern Nursing Research Society Conference, New Orleans, Louisiana, Top Student Poster Session "Depression associated with diet and physical activity adherence in type 2 diabetes: The state of the science." February 23
- 2011 **Garcia, T.J.**, & Harrison, T.C. The Gerontological Society of America 64<sup>th</sup> Annual Scientific Meeting. Boston, Massachusetts, "Nursing home residents with type 2 diabetes: What do they want?" November 21
- 2011 **Garcia, T.J.**, Brown, S.A. The Diabetes Awareness Conference, Austin, Texas "What's Missing in Diabetes Management in the Nursing Home?" March 29
- 2011 **Garcia, T.J.** & Brown, S.A. 25<sup>th</sup> Annual Southern Nursing Research Society Conference, Jacksonville Florida, "Diabetes Management in the Nursing Home: A Systematic Review of the Literature," February 19
- 2011 Martin, E.E., **Garcia, T.J.**, Cuevas, H., Winter, M.A., Garcia, A.A., Brown, A. & Brown, S.A. 25<sup>th</sup> Annual Southern Nursing Research Society Conference, Jacksonville Florida, "Reaching Agreement: The Use of Technology for Coder-Communication in Meta-Analysis," February 19

#### ***Invited Educational Presentations***

- 2016 **Garcia, T. J.** & Day, C. *Nursing Doctoral Education: Closing the Gaps*, Texas Nurses Association 3<sup>rd</sup> Annual Legislative Summit, Texas State Capital, Austin, Texas, October 27.

- 2016 **Garcia, T. J.** *Innovations in Combatting Child Obesity and Type 2 Diabetes in the Hispanic Community*, Coastal Bend Community Health Worker Conference 2016, Texas A&M University Colonias Program, Texas A&M-Corpus Christi, October 6.
- 2016 **Garcia, T. J.** *Nursing Doctoral Education: Closing the Gaps to Improve Patient Outcomes*, New Graduate Orientation, Texas A&M University-Corpus Christi, August 20.
- 2016 **Garcia, T. J., & Day, C.** *Nursing Doctoral Education: Closing the Gaps to Improve Patient Outcomes*, Sigma Theta Tau International Induction Program, Texas A&M University-Corpus Christi, May 12.
- 2014 **Garcia, T. J.** *Finding the Combination for Success – A Research Course Redesign*, Fall Islander Forum, sponsored by the New Faculty Series, Texas A&M University-Corpus Christi, Texas, August 20.
- 2014 **Garcia, T.J.** *Keys to Success in Research Course Redesign*, New Faculty Series Presentation, Texas A&M University-Corpus Christi, Texas, May 7.
- 2012 Brown, S.A., **Garcia, T.J.**, Winter, M.A., García, A.A., Brown, A., Cuevas, H.E., & Sumlin, L.L. *Targeting Interventions for Maximum Effectiveness: A Model-testing, Meta-analysis to Explain Clinical Outcomes in Type 2 Diabetes*, Innovation in Health Care Delivery Systems Symposium, sponsored by The University of Texas at Austin McComb's Business School, Austin Texas, April 26. (Presented by S.A. Brown)
- 2012 **Garcia, T.J., & Christian, R.** *An Overview of Bisphosphonates, Osteonecrosis of the Jaw, and Atypical Femoral Fractures*, Bowman and Brooke, LLP, Austin, Texas, Products Liability Attorneys, Legal Nurse Consultants, and Paralegals, February. (Presented by T.J. Garcia)
- 2011 **Garcia, T.J.** *Resident-Centered Diabetes Care in the Nursing Home: Focus on Resident Diabetes Treatment Goals and Preferences*, Longhorn Village Continuing Care Retirement Community Presentation and Panel Discussion, December 6
- 2011 **Garcia, T.J.** *Diabetes Treatment Preferences of Nursing Home Residents*, The University of Texas at Austin, Texas, Scholarly Workshop, Graduate Students, April 28
- 2010 **Garcia, T.J.** *Taking Pride in Nursing Home Quality*, The University of Texas at Austin, Texas, Scholarly Workshop, Graduate and Undergraduate Nursing Students and Faculty, April 29.

- 2010 **Garcia, T.J.** *Inflammatory Bowel Disease: An Overview and Implications in Products Litigation Cases*, Clark, Thomas & Winters, P.C., Austin, Texas, Products Liability Attorneys, Legal Nurse Consultants, and Paralegals, February.

### **Honors and Awards**

- 2017 Outstanding Master's Mentor Award Finalist, Texas A&M-Corpus Christi, College of Graduate Studies
- 2015–2016 Outstanding Mentor Award, Honors Program, Texas A&M-Corpus Christi
- 2015 Pictured on the "Carrying the Torch" Mural by Dr. Arnold Gonzalez, honoring Coastal Bend Nurse Educators
- 2012–2013 The University of Texas at Austin Continuing Fellowship Award
- 2009–2010 Kathryn Gurley Scholarship in Nursing
- 2008–2009 The University of Texas School of Nursing Doctoral Endowment Scholarship
- 2007–2008 Lee Hage and Joseph D. Jamail Endowed Scholarship in Nursing
- 1983 Induction into Sigma Theta Tau International Honor Society of Nursing

### **Research Grants**

August 2017-August 2018

Addressing Cutaneous Sensation and Associated Movement Impediments in Children with Overweight and Obesity  
Texas A&M University – Corpus Christi. Texas Comprehensive Research Fund Program Grant (TCRF) (funded \$20,000)  
Principal Investigator: T. Ajisafe  
Co-Investigators: **T. J. Garcia**, D. Um, J. Park, G. Zeng

August 2015-August 2016

Hispanic Grandparent Influence on Healthy Behaviors Affecting Childhood Obesity AKA "Healthy Us Grandparent Study (HUGS)"  
Texas A&M University – Corpus Christi. Texas Research Development Fund (TRDF) (funded \$20,000)  
Principal Investigator: **T. J. Garcia**  
Co-principal investigator: S. A. Baldwin  
Co-investigators: D. DeLaRosa, N. Vela  
Students: B. Cazares, M. DeLaGarza, J. McIntyre

August 2014-August 2016

Nursing Facility Quality Review (NFQR)  
Department of Aging and Disability Services (DADS). Texas Health and Human Services Commission (funded - \$325,000).  
Principal Investigator: T. Harrison, The University of Texas at Austin School of Nursing.  
Co-investigator: **T. J. Garcia**

November 2009 – August 2013



“Meta-analysis of Biobehavioral Determinants of Health Outcomes in Type 2 Diabetes.”

National Institute of Nursing Research, National Institutes of Health (R01 [1R01NR011450-01], (funded - \$1,293,598).

Principal Investigator: S. A. Brown, The University of Texas at Austin School of Nursing.

Senior Graduate Research Assistant: **T. J. Garcia**

August 2012-November 2012

The University of Texas at Austin School of Nursing – Austin, Texas

“Medical Models in Long Term Care.”

The Sealy Center on Aging, University of Texas Medical Branch, Galveston, Texas (funded).

Principal Investigator: T. Harrison, The University of Texas at Austin.

Co-Investigator: J. S. Goodwin, University of Texas Medical Branch, Galveston, Texas.

Graduate Research Assistant: **T. J. Garcia**

### **Manuscripts in Preparation**

**Garcia, T.J.**, Baldwin, S., DeLaRosa, D., Vela, N., Cazares, B, DeLaGarza, M., & McIntyre, J. (in preparation). *Opportunities for grandparents to affect child health behaviors in Hispanic children*. Expected date of manuscript submission: December, 2017.

## PROFESSIONAL SERVICE

### **Service to the College and University**

#### **College Activities**

Research and Scholarly Works Exposition Committee, College of Nursing and Health Sciences, Texas A&M University-Corpus Christi, Faculty member	2016-current
Doctor of Nursing Practice, Core Faculty, College of Nursing and Health Sciences, Texas A&M University-Corpus Christi, Faculty member	2014-current
Research Enhancement Committee, College of Nursing and Health Sciences, Texas A&M University-Corpus Christi, Faculty member	2014-current
Course Coordinator/Manager Committee, Texas A&M University-Corpus Christ, Faculty member	2014-2016
Assistant/Associate Professor Faculty Search Committee, College of Nursing and Health Sciences, Texas A&M University-Corpus Christi, Faculty member	2013-current
Graduate Department Committee, College of Nursing and Health Sciences, Texas A&M University-Corpus Christi, Faculty member	2013-current

Undergraduate Department Committee, College of Nursing and Health Sciences, Texas A&M University-Corpus Christi, Faculty member 2013-2016

### **University Activities**

The Honor Society of Phi Kappa Phi, Texas A&M University-Corpus Christi, Chapter Secretary 2017-2019

Women in Leadership Advisory Committee, College of Graduate Studies, Texas A&M University-Corpus Christi, Faculty member 2017-current

Screening Committee for the Dean of the College of Nursing and Health Sciences, Texas A&M University-Corpus Christi, Faculty member 2016-2017

Institutional Review Board, Texas A&M University-Corpus Christi, Faculty Member 2016-current

Inclusive Excellence Committee, Texas A&M University-Corpus Christi, Faculty Member 2016-current

Student Scholarship Awards Sub-committee, Texas A&M University-Corpus Christi, Faculty member 2014-current

University Faculty Research Enhancement Committee, Texas A&M University-Corpus Christi, Faculty Member 2014-2015

Parking and Transportation Committee, Texas A&M University-Corpus Christi, Faculty member 2014-2015

Student Hearing and Appellate Board, Texas A&M University-Corpus Christi, Faculty member, Hearing Chair 2013-2016

### **Service to the Profession**

International Association of Latino Nurse Faculty, Chair – Health Policy and Research Committee 2015 - current

The Gerontological Society of America, Active member 2011 – 2015

Southern Nursing Research Society, Active member 2011 – 2017

American Nurses Association, Active member 2000 – 2017

Texas Nurses Association, Active member 2000 – 2017

American Association of Legal Nurse Consultants, Past member 2000 – 2005

Sigma Theta Tau International Honor Society of Nursing, Active member of both: Eta Omicron Chapter (Corpus Christi, Texas) and Epsilon Theta Chapter (Austin, Texas) 1982 – 2017

### **Service to the Community**

Texas Senate Hispanic Caucus – Latino Legislative Summit, Moderator, September 17 2016

Leadership Committee for Senior Services, Texas Parks & Recreation, City of Corpus Christi, Secretary; Official Appointment by Mayor Nelda Martinez, August 26 2014 – current

Hispanic Women's Network of Texas, Corpus Christi Chapter, Active member 2014 – current

OTHER**Significant Professional Development Activities**

- 2016 How to Effectively Teach Ethics to Nursing Students, American Nurses Association Webinar Series, Advancing Nursing Excellence
- 2016 The Six-Week Steps of Data Analysis Webinar Class, Presented by William M. Bannon, Jr., PhD, Brooklyn, New York
- 2015 2015 National Institutes of Health Regional Seminar, Program Funding and Grants Administration, Baltimore Maryland
- 2015 Texas A&M University-Corpus Christi, Certificate of Course Delivery and Peer Review
- 2015 Texas A&M University-Corpus Christi, Certificate of Course Design and Development
- 2014 Copyright in Academia Today, Certificate of Achievement, Copyright Clearance Center
- 2014 Texas A&M University Corpus-Christi, Faculty Research Development Program (FRDP)
- 2014 Texas A&M University-Corpus Christi, Certificate of Professional Development in Best Practices for Online Course Design