

CURRICULUM VITAE

Elizabeth F. Sefcik, Ph.D., RN, GNP-BC

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03/22/2015

Education

<u>Degree</u>	<u>Dates</u>	<u>Major</u>	<u>Institution and Location</u>
Ph.D.	1992	Nursing	Texas Woman's University, Houston, Texas
Post Master's GNP Certificate	2004	GNP	University of Texas Medical Branch, Galveston, Texas
MSN	1976	Communi- ty Health Nursing	University of Colorado, Denver, Colorado
BSN	1967	Nursing	University of the Incarnate Word, San Antonio, Texas

Dissertation

"Attitudes of Registered Nurses Toward Health Promotion/Disease Prevention: Evaluation of a National Program." Dr. Judith McFarlane, Chair

Professional Certification/Licensure

Gerontology Nurse Practitioner Certification, ANCC (2006-2016)

Advanced Practice status with Rx, Texas Board of Nurse Examiners. (2006-2016)

Licensure with Texas Board of Nurse Examiners (1976-2016)

Employment

Academic Employment

<u>Dates</u>	<u>Title</u>	<u>Institution or Business</u>
2000-present	Professor	Texas A&M University-Corpus Christi
1993-2000	Associate Professor	

Clinical Employment

<u>Dates</u>	<u>Rank or Title</u>	<u>Institution or Business</u>
Fall, 2015	Gerontology Nurse Practitioner	Practice Day at Live Oak Nursing Home with Dr. Cristi Day
Fall Semester, 2012	Gerontology Nurse Practitioner 8 hours/week	Port Medical Center, Dr. Carlos Everett
Spring and Summer, 2012	Gerontology Nurse Practitioner 8 hours/week	Port Medical Center, Dr. Carlos Everett

Spring and Summer, 2011	Gerontology Nurse Practitioner 8 hours/week	Port Medical Center, Dr. Carlos Everett
Spring, Summer, and Fall, 2010	Gerontology Nurse Practitioner 8 hours/week	Port Medical Center, Dr. Carlos Everett
Summer and Fall, 2009	Gerontology Nurse Practitioner 8 hours/week	Port Medical Center, Dr. Carlos Everett
Summer, 2008	Gerontology Nurse Practitioner 10 hours/week	Port Medical Center, Dr. Carlos Everett

TEACHING

Courses Taught at Texas A&M University-Corpus Christi

Graduate

Nurs 5310	Science in Nursing
Nurs 5315	Diverse Health Care Environments
Nurs 5316	Introduction to Advanced Role Development
Nurs 5341	Wellness and Health Promotion
Nurs 5624	Advanced Health Assessment
Nurs 5644	Mgmt Acute and Chronic Illness I
Nurs 5645	Mgmt Acute and Chronic Illness II

Undergraduate

Nurs4560	Nursing Care of Community Health, including a virtual community health clinical
W01	
Nurs 3435	Health Assessment
Nurs 4318	Research in Nursing-Team Taught
Nurs 4390	Dimensions in Nursing

Doctoral Dissertations

Nephaterra Harris. "Using the Forgiveness and Reconciliation Inventory: A Qualitative Inquiry Examining the Experiences of the Process." Graduate Faculty Committee Member (in progress)

Other Scholarly Teaching, Mentoring and Curricular Achievements (see instructions in .pdf)

Fall, 2015	Development of the Intro to Scholarly Project for The DNP Program	Liz Sefcik, Ph.D. Theresa Garcia, Ph.D.
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Spring and, Summer, 2015	Development of the virtual Clinical for Nurs4560	Liz Sefcik, Ph.D.
Spring, 2014	Mentored Faculty in the Team Process of the Objective Structured Clinical Evaluation (OSCE) Proposal along with other senior faculty	Liz Sefcik, Ph.D., Connie Barker, Ph.D., and Eva Bell, DNP
Fall, 2014		Developed research process for OSCE
Fall, 2014	Re-creating the virtual clinical for Nurs 4560 for RN-BSN-MSN, and E-Line, and e-Military.	Liz Sefcik, Ph.D., Lead Faculty, Professor Crane John Venzon
2013	Development of Objectives in line with MSN Essentials for a core course Nurs 5310, Science in Nursing	Liz Sefcik, Ph.D, Cynthia O'Neal, Ph.D Suzanne Beltz, Ph.D.
2013	Development of Objectives for Scholarly Project for Doctor in Nursing Practice	Liz Sefcik, Ph.D., Theresa Garcia Ph.D
2012	Developed and Designed a Discussion Rubric that is utilized in Nurs 5310 Science in Nursing, and other graduate courses.	Liz Sefcik, Ph.D. Suzanne Beltz, Ph.D.
Fall, November, 2011	Mentored in Statistical Analysis of Study V HIV/AIDS study in South Texas Poster Presentation at Nurses in AIDS Care Conference in Baltimore, Maryland, "Influence of Socio-demographic Variability and Self-reported Medication Adherence on Quality of Life".	Liz Sefcik, Ph.D. Mary Jane Hamilton, Ph.D. Kenn Kirksey, Ph.D. Jennifer McWha Adama Brown, Ph.D.
2011-2012	Mentored a new faculty in the College of Nursing and Health Sciences	Dr. Meng Zhao
2008-2009	Mentored a new faculty in the College of Nursing and Health Sciences	Dr. Sara Baldwin

SCHOLARSHIP/CREATIVE ACHIEVEMENTS

Refereed Publications

Kirksey, Kenn, McGlory, Gail, **Sefcik, E.**, (2015). Pain Assessment and Management in Critically Ill Older Adults, Critical Care Nursing Quarterly. Jul-Sep; 38 (3): 234-44. (journal article - case study) ISSN: 0887-9303 PMID: 26039645.

Corless, I.B., Sefcik, E.F., Hamilton, M.J., Lindgren, T., Dawson, C.R., Nicholas, P.K. et al. (2015). Health Literacy: Challenges to HIV Knowledge. Jacobs Journal of AIDS/HIV, Jacobs Publishers. 1(1):002.

Dawson Rose, C., Webel, A., Sullivan, K., Cuca, Y., Wantland, D., Johnson, M.O., Brion, J., Portillo, C., Corless, I., Voss, J., Chen, W-T., Phillips, J.C., Tyer-Viola, L., Rivero-Mendez, M., Nicholas, P., Nokes, K., Kempainen, J., **Sefcik, E.**, Eller, L.,

- lipinge, S., Kirksey, K., Chaiphibalsarisdi, P., Davila, N., Hamilton, M.J., Hickey, D., Maryland, M., Reid, P., and Holzemer, W.L. (2014) Self-compassion and risk behavior among people living with HIV/AIDS. *Research in Nursing and Health*, 37(2):98-106. DOI: 10.1002/nur.21587. PMID: 24510757.
- Tyer-Viola, L., Corless, I., Webel, A. Reid, P., Sullivan, K., Nicholas, P., Sefcik, E. and the International Nursing Network for HIV/AIDS Research (2014) Predictors of medication adherence among HIV-positive women in North America. *JOGNN*, 43(2):168-178. DOI: 10.1111/1552-6909.12288. PMID: 24502460.
- Nicholas, P.K., Willard, S., Thompson, C., Dawson Rose, C., Corless, I.B., Wantland, D.J., **Sefcik, E.F.**, Nokes, K.M., Kirksey, K., Hamilton, M. J., Holzemer, W.L., Portillo, C.J., Rivero Mendez, M., Robinson, L.M., Rosa, M., Human, S.P., Cuca, Y., Huang, E., Maryland, M., Arudo, J., Sanzero Eller, L., Stanton, M.A., Driscoll, M.K., Voss, J.G., and Moezzi, S. (2014). Engagement with care, substance use, and adherence to therapy in HIV/AIDS. *AIDS Research and treatment*. <http://dx.doi.org/10.1155/2014/675739>
- Chen, T., Wantland, D., Reid, P., Corless, I.B., Eller, L.S., lipinge, S., Holzemer, W.L., Nokes, K., **Sefcik, E.**, Rivero-Mendez, M., Voss, J., Nicholas, P.K., Phillips, J.C., Brion, J., Dawson Rose, C., Portillo, C.J., Kirksey, K., Sullivan, K., Johnson, M.O., Tyer-Viola, L., & Webel, A. (2013). Engagement with Health Care Providers Affects Self-Efficacy, Self-Esteems, Medication Adherence and Quality of Life in People Living with HIV. *Journal of AIDS and Clinical Research*. 4:256. doi: 10.4172/2155-6113.1000256. PMID: 24251940.
- Kemppainen, J., Johnson, M.O., Phillips, J.C., Sullivan, K.M., Corless, I.B., Reid, P., lipinge, S., Chaiphibalsarisdi, P., **Sefcik, E.**, Chen, W.T., Kirksey, K., Voss, J., Rivero-Méndez, M., Tyer-Viola, L., Dawson Rose, C., Webel, A., Nokes, K., Portillo, C.J., Holzemer, W.L., Eller, L., Nicholas, P., Wantland, D., Brion, J., & Beamon, E. (2013) A multi-national study of self-compassion and HIV-related anxiety. *International Nursing Review*. 60(4):477-86. PMID: 24251940.
- Phillips, J. C., Webel, A., Dawson Rose, C., Corless, I. B., Sullivan, K. M., Voss, J., Wantland, D., Nokes, K., Brion, J., Chen, W. T., lipinge, S., Eller, L. S., Tyer-Viola, L., Rivero-Mendez, M., Nicholas, P. K., Johnson, M. O., Maryland, M., Kemppainen, J., Portillo, C. J., Chaiphibalsarisdi, P., Kirksey, K. M., **Sefcik, E.**, Reid, P., Cuca, Y., Huang, E., & Holzemer, W. L. (2013). Associations between the legal context of HIV, perceived social capital, and HIV antiretroviral adherence in North America. *BMC Public Health*. 13:736. doi:10.1186/1471-2458-13-736. PMID: 24251940.
- Kemppainen, J., Brion, J., Leary, M., Wantland, D., Sullivan, K., Nokes, K., Bain, C., Chaiphibalsarisdi, P., Chen, W.T., Holzemer, W.L., Eller, L.S., lipinge, S., Johnson, M.O., Portillo, C., Voss, J., Tyer-Viola, L., Corless, I.B., Nicholas, P.K., Dawson Rose, C., Phillips, J.C., **Sefcik, E.**, Rivero-Mendez, M., & Kirksey, K. (2013). Use of

a brief version of the Self-Compassion Inventory with an international sample of people with HIV/AIDS. *AIDS Care*. 25(12):1513-9.
DOI:10.1080/09540121.2013.780119. PMCID: PMC3796174.

Corless, I.B., Guarino, A.J., Nicholas, P.K., Tyer-Viola, L., Kirksey, K., Brion, J., Dawson Rose, C., Eller, L.S., Rivero-Mendez, M., Kemppainen, J., Nokes, K., **Sefcik, E.**, Voss, J., Wantland, D., Johnson, M.O., Phillips, J.C., Webel, A., lipinge, S., Portillo, C., Chen, W-T., Maryland, M., Hamilton, M.J., Reid, P., Hickey, D., & Holzemer, W. (2013) Mediators of Antiretroviral Adherence: A Multisite International Study. *AIDS Care*. 25(3):364-377. PMCID: PMC3491166.

Corless, I.B., Voss, J., Guarino, A.J., Wantland, D., Holzemer, W., Hamilton, M. J., Sefcik, E.F., Willard, S., Kirksey, K., Portillo, C., Rivero Mendez, M., Rosa, M.E., Nicholas, P.K., Human, S., Maryland, M., Moezzi, S., J., Robinson, L., & Cuca, Y. (2013). The impact of stressful life events, symptom status, and adherence concerns on Quality of Life of people living with HIV/AIDS. *Journal of the Association of Nurses in AIDS Care*, 24(6), 478-490. PMID: 23473660; PMCID: PMC3681926.

Eller, L.S., Rivero-Mendez, M., Voss, J., Chen, W.T., Chaiphalsarisdi, P., lipinge, S., Johnson, M.J., Portillo, C., Corless, I.B., Sullivan, K., Tyer-Viola, L., Kemppainen, J., Dawson Rose, C., **Sefcik, E.**, Nokes, K., Phillips, J.C., Kirksey, K., Nicholas, P.K., Wantland, D., Holzemer, W.L., Webel, A.R. & Brion, J.M. (2013). Depressive Symptoms, Self-Esteem, HIV Symptom Management Self-Efficacy and Self-Compassion in People Living with HIV. *AIDS Care*.
<http://dx.doi.org/10.1080/09540121.2013.841842>. PMID: 24093715.

Phillip, J Craig, Webel, A., Rose, C., Corless, I.B., Sullivan, K., Voss, J., Wantland, D. Nokes, K., Brion, J. Chen, Wei-Ti., Scholastika lipinge, Eller, L.S., Tyer-Viola, L., Rivero-Méndez, M., Nicholas, P. K., Johnson, M.O., Maryland, M., Kemppainen, J., Portillo, C.J., Chaiphalsarisdi, P., Kirksey, K.M., **Sefcik, E.F.**, Reid, P., Cuca, Y. Emily Huang, William L Holzemer. (2013). Associations between the legal context of HIV, perceived social capital, and HIV antiretroviral adherence in North America. *BMC Public Health*. 13(1):736. DOI:10.1186/1471-2458-13-736

Nicholas, P.K., Willard, S., Thompson, C. Dawson-Rose, C., Corless, I.B., Wantland, D., **Sefcik, E.F.**, Nokes, K.M., Kirksey, K.M., Hamilton, M.J., Holzemer, W., Portillo, C.J., Rivero Mendez, M., Robinson, L.M., Rosa, M., Human, S.P., Cuca, Y. (2013). *Aids Research and Treatment* (in press)

Eller, L. S., Kirksey, K. M., Nicholas, P. K., Corless, I. B., Holzemer, W. L., Wantland, D. J., Willard, S. S., Robinson, L., Hamilton, M. J., **Sefcik, E. F.**, Moezzi, S., Mendez, M. R., Rosa, M., Human, S. (2013). A Randomized Controlled Trial of an HIV/AIDS Symptom Management Manual for Depressive Symptoms. *AIDS Care*, (2013). 25(4), 391-9.

- Kempainen, J., Brion, J., Leary, M., Wantland, D., Sullivan, K., Nokes, K., Bain, C., Chaiphibalsarisdi, P., Chen, W. T., Holzemer, W. L., Eller, L. S., Lipinge, S., Johnson, M. O., Portillo, C., Voss, J., Corless, I. B., Nicholas, P. K., Dawson, R. C., Phillips, J. C., **Sefcik, E. F.**, Rivero-Mendez, M., Kirksey, K. (2013). Use of a brief version of the Self-Compassion Inventory with an international sample of people with HIV/AIDS.. *AIDS Care*.
- Corless, I. B., Wantland, D., Kirksey, K., Nickolas, P. K., Human, S., Arudo, J., Rosa, M., Cuca, Y., Willard, S., Hamilton, M. J. J., Portillo, C., **Sefcik, E. F.**.. Exploring the Contribution of General Self-Efficacy to the Use of Self-Care Symptom Management Strategies by People Living with HIV Infection.. *AIDS Patient Care & STDs*, (2012). 26(6), 235-43.
- Kempainen, J., Wantland, D., Voss, J., Nicholas, P., Kirksey, K. M., Corless, I. B., Willard, S., Robinson, L., Hamilton, M. J., **Sefcik, E. F.**, Eller, L. S., Huang, E., Arudo, J., Moezzi, S., Rivero-Mendez, M., Rosa, M., Human, S., Cuca, Y., Lindgren, T., Portillo, C. J., Maryland, M. (2012). Self-care behaviors and activities for managing HIV-related anxiety. *Journal of the Association of Nurses in AIDS Care*, 23(2), 111-23.
- Webel, A., Phillips, J.C., Dawson Rose, C., Holzemer, W.I., Chen, W-T., Tyer-Viola, L., Rivero-Mendez, M., Nicholas, P., Nokes, K., Kempainen, J., Sefcik, E., Brion, J., Eller L., Lipinge, S., Kirksey, K., Wantland, D., Chaiphibalsarisdi, P., Johnson, M.O., Portillo, C., Corless, I. B., Voss, J., and Salata, R.A. (2012). *BMC Public Health* 12:188. Doi:10.1186/1471-2458-12-188. PMID:PMC3352053.
- Corless, I.B, Guarino, A.J., Nicholas, P.K., Tyer-Viola, L., Kirksey, K., Brion, J., Dawson Rose, C., Eller, L.S., Rivero-Mendez, M., Kempainen, J., Nokes, K., **Sefcik, E.**, Voss, J., Wantland, D., Johnson, M.O., Phillips, J.C., Webel, A., Lipinge, S., Portillo, C., Chen, W-T., Maryland, M., Hamilton, M.J., Reid, P., Hickey, D., & Holzemer, W. Mediators of Antiretroviral Adherence: A Multisite International Study. *AIDS Care* 25(3):364-377. PMID: PMC3491166.
- Nokes, K., Johnson, M.O., Webel, A., Dawson Rose, C., Phillips, J.C., Sullivan, K., Tyer-Viola, L., Rivero-Mendez, M., Nicholas, P.K., Kempainen, J., **Sefcik, E.**, Chen, W-T., Brion, J., Eller, L.S., Kirksey, K., Wantland, D., Portillo, C.J., Corless, I., Voss, J., linge S., Chaiphibalsarisdi, P., Spellman, M., & Holzemer, W.L. Focus on treatment self-efficacy to improve HIV treatment adherence. *Journal of Nursing Scholarship*. 2012 Dec; 44(4)403-10. Doi: 10.1111/j.1547-5069.2012.01476xEpub 2012 Nov 1. (epub ahead of print). NIHMS ID: NIHMS443781.
- Brion, J., Dawson, R. C., Nickolas, P. K., Voss, J., Corless, I. B., Lindgren, T., Kempainen, J. K., **Sefcik, E. F.**, Nokes, K. M., Kirksey, K. M., Eller, L. S., Hamilton, M. J. J. (2011). Unhealthy substance-use behaviors as symptom-related self-care in persons with HIV/AIDS. *College of Nursing, Rutgers University, Newark, New Jersey*, 13(1), 16-26.

- Nokes, K., Colman, C., Hamilton, M. J. J., Corless, I., Kirksey, K. M., **Sefcik, E. F.** (2011). Age-related effects on symptom status and health-related quality of life in persons with HIV/AIDS. *Applied Nursing Research*, 24(1). 17-23.
- Nicholas, P., Voss, J., Wantland, D., Lindgren, T., Huang, E., Holzemer, W.L., Cuca, Y., Moezzi, S., Portillo, C., Willard, S., Arudo, J., Kirksey, K., Corless, I., Rosa M., Robinson L., Hamilton, M.J., **Sefcik, E.**, Human, S., Rivero-Mendez, M., Maryland, M., Nokes, K., Eller, L., et al....Prevalence, self-care behaviors, and self-care activities for peripheral neuropathy symptoms of HIV/AIDS. *Nursing and Health Sciences*. 12(1):119-126. PMID:20487335.
- Willard, S., Holzemer, W., Wantland, D., Cuca, Y., Kirksey, K., Portillo, C., Corless, I., Rivera-Mendez, M., Rosa, M., Nickolas, P., Hamilton, M. J. J., **Sefcik, E. F.** (2009). Does "asymptomatic" mean without symptoms for those living with HIV infection?. *AIDS Care*, 21 (2009)(3), 322-8.
- Reynolds, N.R, Sanzero, L. E., Nicholas, P.K, Corless, I.B, Kirksey, K., Hamilton, M. J. J., Kempainen, J.K, Bunch, E., Dole, P., Wantland, D., **Sefcik, E. F.**, Nokes, K.M, Coleman, C.L, Rivero, M., Canaval, G.E, Tsai, Y.F, Portillo, C., Holzemer, W.L (2009). Quality of life of ethnic minority persons living with HIV/AIDS. Winter 2005 (11(1): 31-7 ed., vol. Winter, pp. 31-37). *Journal of Multicultural Nursing and Health*.
- Corless, I., Lindgren, T., Holzemer, W.I., Robinson, L., Moezzi, S., Kirksey, K., Coleman, C., Tsai Y-F., Eller, L, Hamilton, M.J., **Sefcik, E.**, et al...(2009). Marijuana effectiveness as an HIV self-care strategy. *Clinical Nursing Research*. 18(2):172-193. MNID:19377043.
- Holzemer, W.L., Human, S., Arudo, J., Rosa, M., Hamilton, M.J., Corless, I., Robinson, L, Nicholas, P., Wantland, D., Moezzi, S., Willard, S., Kirksey, K., Portillo, C., **Sefcik, E.**, Rivero-Mendez, M., & Maryland, M. (2009). Exploring HIV stigma and quality of life for persons living with HIV infection. *JANAC*. 20(3):161-168, PMID: 19427593.
- Wantland, D.J., Holzemer, W.L., Moezzi, S., Willard, S.S., Arudo, J, Kirksey, K.M., Portillo, C.J., Corless, I.B., Rosa, M.E., Robinson, L.L., Nicholas, P.K., Hamilton, M.J., **Sefcik, E. F.**, Human, S., Rivero, M., Maryland M., and Huang, E. (2008). A randomized controlled trial testing the efficacy of an HIV/AIDS symptom management manual. *Journal of Pain and Symptom Management*. 36(3):235-246. PMID: 18400461.

Non-Refereed Publications

Sefcik, Elizabeth. "How to protect your and other's health". (2013) Corpus Christi Caller Times editorial forum, Corpus Christi, Texas.

Presentations at Professional Meetings

Sefcik, E.F., Crane, K., Venzon, J. "Creating Innovative Educational Modalities to

Transform Community Health Nursing". Sigma Theta Tau, International, 43rd Biennial Convention, November, (2015) in Las Vegas, Nevada. Podium Presentation

Corless, I.B., **Sefcik, E.F.**, Hamilton, M.J. and the HIV/AIDS network., "Life Intervenes: HIV is not #1 on the List in Educating Persons Living with HIV". Study VI, Association of Nurses in AIDS Care Conference, 27th Annual ANAC Conference in Miami, Florida. (2014). Podium presentation.

Webel, A., Portillo, C., Wantland, D., Dawson-Rose, C., Brion, J. Phillips J., C., Wei-Ti Chen, Wei-Ti, Corless, I., Eller, L., **Sefcik E.F.**, Johnson, M., Rivero, M., Kemppainen, J., Nokes, K., A Cross-Sectional Relationship between Social Capital, Self-Compassion and Perceived HIV Symptoms. Study V, Association of Nurses in AIDS Care Conference, 27th Annual ANAC Conference in Miami, Florida. (2014) Podium Presentation

Corless, I. B., Hoyt, A., Lindgren, T., Eller, L. S., Tyer-Viola, L., Kemppainen, J., Roverp-Mendez, M., Nokes, K., Philips, J. C., Sullivan, K., Dawson, R. C., Chaiphibalsarisdi, P., Kirksey, K., Holzemer, W. L., Voss, J., **Sefcik, E. F.**, Brion, J., Johnson, M. O., Cucca, Y., Lipinge, S., Portillo, C., Huang, E., Reid, P., Hickey, D., Chen, W. T., Webel, A., Maryland, M., Leon, M., Nicholas, P. K., "Why do women stop taking antiretroviral medications?," Eastern Nursing Research Society 25th Annual Scientific Sessions. (2013).

Sefcik, E. F., Zhao, M., "Improving Senior Care for an Ageing World," Meeting with Texas A&M Officials in College Station and Chinese Delegation, Texas A&M University, College Station, Texas. (October 25, 2012).

Sefcik, E. F., "Nurs 5310 Science in Nursing-Relevance in Teaching," Fall Islander Forum, Provost Markwood, and Center for Teaching Excellence, Center for the Performing Arts. (August 17, 2012).

Sefcik, E. F.(Author), Wantland, W. D. (Author), Hamilton, M. J. J. (Author), M, K. K. (Author), P. C. (Author), R. M. (Author), "Factors Improving Health Related Quality of Life in Hispanic Persons Living with HIV on Antiretroviral Therapy," International AIDS Conference, International AIDS Society, Washington D,C.. (July 2012).

Phillips, J. C., Webel, A., Dawson Rose, C., Holzemer, W. L., Chen, W. T., Johnson, M. O., Kirksey, K., Voss, J., **Sefcik, E.**, Eller, L. S., Corless, I. B., Wantland, D., Portillo, C., Tyer-Viola, L., Sullivan, K.M., Nicholas, P.K., lipinge, S., Nokes, K., Kemppainen, J., Rivero-Mendez, M., Chaiphibalsarisdi, P., Brion, J. Freedom to adhere: The complex relationship between democracy, wealth disparity, social capital and HIV medication adherence in adults living with HIV International AIDS Conference, International AIDS Society, Washington D,C.. (July 2012)

Nokes, K., **Sefcik, E.**, Johnson, M.O., Webel, A., Rivero-Mendez, M., Voss, J., Chen, W-T., Ipinge, S., Portillo, C.J., Corless, I.B., Sullivan, K., Tyer-Viola, L., Kempainen, J., Eller, L.S., Dawson Rose, C., Phillips, J.C., Kirksey, K., Nicholas, P.K., Brion, J., Wantland, D., and Holzemer, W.L. Getting older and living with HIV/AIDS in the U.S. Session Title: Ageing with HIV, Thursday, 26 July 2012, 13:00 - 14:00
International AIDS Conference, International AIDS Society, Washington D.C.. (July 2012)

Sefcik, E. F. (Author), M, K. K. (Author) Hamilton, M. J. Kirksey, K.M. "Influence of Socio-demographic Variability and Self-reported Medication Adherence on Quality of Life," 24th Annual ANAC Conference, Association of Nurses in AIDS Care, Baltimore, Maryland. (November 2011).

Sefcik, E. F. (Author), M, K. K. (Author), Hamilton, M. J. J., "Predictors of Body Fat Redistribution in Persons Living with HIV/AIDS," Sigma Theta Tau International Conference, Sigma Theta Tau International, Arlington, Texas. (October 2011).

Sefcik, E. F. (Author), M, K. K. (Author & Presenter), Hamilton, M. J. J. (Author), "Predictors of Health-Related Quality of Life in PLQHIV: Stigma, Depressive Symptoms and Body Image Dysmorphia," Sigma Theta Tau International Conference, Sigma Theta Tau, International, Arlington, Texas. (October 2011).

Olenick, P. L. (Panelist), **Sefcik, E. F.** (Panelist), Shaver, L. A. (Panelist), "Women's Wellness Issues in Midlife," Women's Midlife wellness- panel presentation, Executive Women's Club, Corpus Christi, TX. (April 2011).

Sefcik, E. F., Portillo, C. J., Wantland, D. J., Rosa, M. E., Hamilton, M. J., Kirksey, K., et al.. (2008). Demographics and selected variable in a Sample of Hispanics/Latinos living with HIV/AIDS in South Texas and Puerto Rico sub-cultures. XVII International AIDS Conference, Mexico City, Mexico, August 2008.

Hamilton, J.J., Moezzi, S., **Sefcik, E.**, Kirksey, K., Wantland, D., Corless, et al... (2008). The relationship of Self-Efficacy, Depression and Quality of Life in HIV/AIDS clients. XVII International AIDS Conference, Mexico City, Mexico

Kempainen, J., Kirksey, K., Corless, I., Willard, S., Holzemer, W., Robinson, L., Hamilton, M.J., **Sefcik, E.**, et al.... (2008). Effectiveness of self-care symptom management strategies on anxiety symptoms over time in people living with HIV infection. XVII International AIDS Conference, Mexico City, Mexico, August, 2008.

Eller, L.S., Arudo, J., Corless, I., Hamilton, M.J., Holzemer, W., Human, S, Kirksey, K., Moezzi, S., Nicholas, P., Portillo, C., Rivero, M., Rosa, M., **Sefcik, E.**, and Wantland, D. (2008). Effectiveness of Self-Care Symptom Management Strategies on Depressive Symptoms over Time in People Living with HIV. XVII International AIDS Conference, Mexico City, Mexico, August, 2008.

Kirksey, K., Arudo, J., Bunch, E.H., Canaval, G., Coleman, C., Corless, I., et al, **Sefcik, E.** (2008). Predictors of Lipodystrophy in Persons Living with HIV Disease. Published on the XVII International Conference CD-ROM.

Sefcik, E. F., Hamilton, M. J., Kirksey, K, & Mortimer, M. K.(2007). Directives for Evidence Based Practice in HIV/AIDS Medication Adherence in South Texas Hispanic Populations. Submitted to Sigma Theta Tau International Research Conference in Vienna, Austria. Accepted

Honors and Awards

Finalist for Excellence in Creativity Award (2015). Texas A&M University-Corpus Christi Faculty Senate.

Breakfast with the Chancellor and Board of Regents, TAMUS. (2012).

Awarded Excellence in Service from Texas A&M University-Corpus Christi, 2012.

Finalist in Nurses.com Nursing Excellence Awards 2012 "Advancing and Leading the Profession.

Nominated for Distinguished Alumni, University of the Incarnate Word. (2012).

Heritage Society, 2011 President's Recognition Dinner. (2011).

Fellowships

Virginia Henderson Fellow, Sigma Theta Tau International Honor Society (1999-present)

Sigma Theta Tau International Honor Society Chiron program with Dr. Billye Brown, Past President (2006).

Candidate, Fuld Academic Leadership Program through the American Association of Colleges of Nursing. (2005)

Nominee, Prestigious Edith Copeland Founder's Award for Creativity at Sigma Theta Tau International. 2004

Grants

Sefcik, E.F. Day, C., Barker, C., Bell, E. Flournoy, D., Miller, D., "Video Enhanced Online Objective Structure Clinical Examination in Graduate Nursing Education." (2014-2017). Funded by Texas A&M University-Corpus Christi Provost office for Innovative grants, research, and collaboration with other Colleges. \$18,500.00

Sefcik, E.F., Wantland, Dean.,(2012). Subcontracted with Coastal Bend AIDS Foundation (CBAF) for Project HUG (Helping Us Grow) 4 Year evaluation of grant with CBAF. Not funded. (\$350,000)

Sefcik, E.F., 2010. College of Nursing and Health Sciences Research Enhancement Grant provided for graduate research assistants for two sites for collecting data for Study V for HIV/AIDS international research network. \$5,014.75

Sefcik, E.F., et al... 2009. College of Nursing and Health Sciences. One hour release

time for update of the database of the Virtual Community Health Clinical that was designed in 2004: Professor Kathy Crane working with me.

Sefcik, E. F., P.I., Hamilton, M. J., P.I. Kirksey, K., P.I., Fall, 2008. College of Nursing and Health Sciences Research Enhancement Grant provided release time in the Fall, '08 to complete and have the first draft finished for publication of the HIV/AIDS study IV with Hispanics for the Journal of Multicultural Nursing and Health.

Sefcik, E. F., P. I., Hamilton, M. J., P. I., Kirksey, K, P. I., (2008). College of Nursing and Health Sciences Research Enhancement Grant provided release time in the Spring, '08 to analyze the data from the HIV/AIDS Study IV, and to determine Intensity of symptoms, depression, and stigma as predictors of quality of life on Hispanics in South Texas and Puerto Rico.

Sefcik, E. F., Duran-Hutchings, N., Hutchings, J. Murray, K. (2008). Workload release time was provided to plan to finalize the E-Line Virtual Community Health Assessment. The four planners are reviewing the Geographical Information System (GIS) and it's use for analyzing epidemiological data and revealing trends, dependencies, and relationships that would otherwise be hidden to the student in the virtual clinical. The committee decided that the GIS was not feasible at this time and to leave the program as is.

Sefcik, E. F., P.I., Hamilton, M. J., P.I., Kirksey, K., P.I.,(2007). College of Nursing and Health Sciences Research Enhancement Grant provided release time in the Fall '07 to analyze the data from the HIV/AIDS Study IV in South Texas and prepare for publication.

Sefcik, E. F., P. I., Hamilton, M. J., P. I., (2007). Center for Mexican American Research at Texas A&M University-Corpus Christi awarded "seed money for Dr. Sefcik, and Dr. Hamilton for a statistician for analyzing the data in preparation for publication and/or grant writing. \$2,000.00

Sefcik, E. F., P.I., Hamilton, M. J.P. I. (2006). Center for Mexican American Research at Texas A&M University-Corpus Christi awarded "seed money for Dr. Sefcik, and Dr. Mary Jane Hamilton to continue to finance the research of the Mexican American studies with HIV/AIDS in South Texas. \$3,000.00

Sefcik, E. F., P. I., Hamilton, M.J., P. I., Kirksey, K, P. I., (2005-2006). Data Collection on International HIV/AIDS Study IV entitled Symptom Management Strategies: A Manual for People Living with HIV/AIDS. The data was collected by the three PI's in South Texas. College of Nursing and Health Sciences Research Enhancement funds for graduate research assistants to collect and input data. \$4,000.00

Sefcik, E.F., Co.-P.I. Rhoades, P, Co-P.I. "Nueces County Safe Communities Safe Driving Public Education Initiative.," Sponsored by Department of Transportation, (2006-2007) \$74,309.00.

Sefcik, E.F., Co-PI., Rhoades, P, Co-PI., "Nueces County Safe Communities Safe Driving Public Education Campaign. Again the focus was with the Hispanic population for brochures, and health fairs and presentations.," (2005 – 2006). \$73,880.00.

Sefcik, E.F. (Co-Principal), Rhoades, P. W. (Co-Principal) "Nueces County Safe Communities Safe Driving Public Education Initiative," Sponsored by Texas Department of Transportation, State, (October 1, 2005 - September 30, 2006). \$73,880.00.

Scholarly Works in Progress

Sefcik, E.F., (in progress) The Innovative Use of Technology to Establish a Virtual Site for Clinical Teaching. Journal of Nursing Education. Spring,2016.

Kirksey, K. Corless, I., **Sefcik, E.F.** (in progress) A Nursing Perspective on Similarities and Differences between Ebola and HIV Disease, Journal to be determined. (2014).

Service Activities for the Component, College, University

<u>College Activities</u>	<u>Dates of Service</u>
Co-Chair, Promotion and Tenure	2014-2016
Graduate Affairs, Member	2015-2016
FNP Committee, member	2015-2016
Chairperson, Mural for College of Nursing and Health Sciences, "Carrying the Torch" by Dr. Arnold Gonzales	2014-2015
Chairperson, Celebrating a Legacy: Honoring The Nursing Leaders of the College of Nursing & Health Sciences	2013
Chairperson of committee for Collaboration of the Weifang College in China with TAMUCC College of Nursing & Health Sciences.	2013-2015
Chair, Promotion and Tenure Committee,	2012-2014
Chair, Search Committee	2009-2013
Committee Member, Graduate Affairs, Admission, Progression, and Retention.	2007-2014
Chair, Committee for raising funds for the Dean Emeritus Ruth Bakke Conference Room	2009-2010
Co-Chair, Promotion and Tenure.	2010-2011
Committee Member, Promotion and Tenure Committee.	2007-2012
Committee Member, Research Enhancement Committee.	2007-2014
Committee Member, Undergraduate Affairs.	2008-2012
Faculty Parliamentarian.	1994-2008
Graduate Affairs, Member	2007-2014
Committee Chair, Search Committee.	2005

Committee Chair, Faculty Practice Committee.	2004-2005
Committee Chair, NP Taskforce of Graduate Curriculum.	2004-2005

University ActivitiesDates of Service

Committee Member, Aging in Place	2015-2016
Committee Member, Faculty Grievance Committee	2014-2016
Council of Principal Investigators and Research Administrators	2014-2016
Chair and Facilitator of Momentum 20/20 Committee for Inclusive Excellence.	2013-2014
Planning Co-Coordinator, HIV/AIDS Research Network Meeting.	2012 2012
Committee Chair for two Faculty Grievance Committees	2012-2014
Committee Member, Student and Faculty Grievance Committee.	2009-2013 2009-2010
Committee Member, Faculty Senate, Executive Committee.	2010-2012
Committee Chair, Academic Affairs.	2008-2012
Committee Member, Faculty Development Committee.	
Committee Member, Banking Committee for University Committee.	2009 2009
Parliamentarian, Faculty Senate.	2006-2007
Committee Member, Faculty Grievance Committee.	2004-2005
Committee Member, Scholarship Committee.	

Service to the ProfessionActivitiesDates of Service

Reviewer, Journal of Transcultural Nursing	2013-present
Reviewer, Journal of the Assoc. of Nurses in Aids Care	2015-2016
Chair of Media and written awards for STTI	2015
Reviewer of Media Awards for Sigma Theta Tau International	
Member, American Association of Aids Care	2012-present
Reviewer, Journal Article, Journal of the Assoc. of Nurses in Aids Care.	2013-present
Reviewer, Journal Article, Journal of Transcultural Nursing.	
Reviewer of Media Awards for Sigma Theta Tau International	2013-present
Member, Heritage Committee of Sigma Theta Tau International Inc.	2013 2008-2013
Sigma Theta Tau, International, Eta Omicron Chapter.	1993-present
Sigma Theta Tau International Honor Society of Nursing.	1974-present
American Nurses Association.	1968-present
Committee Chair, Eta Omicron, Sigma Theta Tau.	2012-2013
Elected member of the Texas Nurses Association Southern Region Nominating Committee	2009-2011
Member of the Board of TNA, District #17.	2008-2013
Member of Texas Nurse Practitioners.	2009-2014
Member, Texas Nurses Association.	1968-present
American Colleges of Nurse Practitioners.	2007-2013

Assistant Editor, Eta Omicron Chapter.	2007-2009
Southern Nurses Research Society. (2007 - 2009).	2007-2009

Service to the Community

<u>Activities</u>	<u>Dates of Service</u>
Co-chair of Community Advisory Health Board for the Public Health Department.	2014-2016
Committee Member, Committee for Aging Texas Well.	2012-2013
Board Member, City Community Advisory Health Board for the Public Health Department.	2011-present
Board Member, Adult Protective Services.	2006-2010
Board Member, Alzheimer's Association.	2005-2006
Chairperson, Safe Communities Coalition.	1999-2005

OTHER

Significant Professional Development Activities

Developing for ANCC recertification as Gerontology Nurse Practitioner by accumulating practice hours and CEUs	2015-2016
Ethical and Legal Workshop for Nurses	2015
Nurse Scientist meeting at NIH, Director of Basil A. Eldadah, MD, PhD, Program Officer and Chief, Geriatrics Branch Division of Geriatrics and Clinical Gerontology National Institute on Aging	2014
Expert Panel Member for Adult Gerontology Nurse Practitioner Exam, American Nurses Credentialing Center.	2012
Community of Practice Workshop (Center of Faculty Excellence, First Year Islanders, Mary and Jeff Bell Library).	2012
Diabetes Conference, Corpus Christi, Texas	2009
Write Winning Grants, Texas A&M University-Corpus Christi	2008
Gerontology in Nursing Conference Texas A&M University Corpus Christi, Presenter	2008